

Bouncing Ball of Energy!

Lyrics and Music © 2005 R.W. Singer

160 bpm 4/4

B **E** **F#** **B**
All day long everybody says, "Sit down, listen up and be quiet."
B **E** **F#** **B**
But all I wanna do when I'm feelin' this way is, be loud, jump around and act wild!
B **E** **F#** **B**
Now's my chance to clap my hands, get up and dance and say,
F# **E** **B** **F#** **E** **B**
I'm a bouncin' ball of energy, a bouncin' ball of energy!
F#
We're gonna bounce up and down! (*Bounce up and down!*)
E
We're gonna spin 'round and 'round! (*Spin 'round and 'round!*)
F#
We're gonna bounce up and down! (*Bounce up and down!*)
E **F#**
We're gonna spin 'round and 'round! (*Spin 'round and 'round and say...*)
F# **E** **B** **F#** **E** **B**
I'm a bouncin' ball of energy, yes I'm a bouncin' ball of energy!
F# **E** **B** **F#** **E** **B**
Boing, boing, boing, boing, boing! Boing, boing, boing, boing, boing!
C **F** **G** **C**
All day long everybody says, "Sit down, listen up and be quiet."
C **F** **G** **C**
But all I wanna do when I'm feelin' this way is, be loud, jump around and act wild!
C **F** **G** **C**
Now's my chance to clap my hands, get up and dance and say,
G **F** **C** **G** **F** **C**
I'm a bouncin' ball of energy, a bouncin' ball of energy!
G
We're gonna bounce up and down! (*Bounce up and down!*)
F
We're gonna spin 'round and 'round! (*Spin 'round and 'round!*)
G
We're gonna bounce up and down! (*Bounce up and down!*)
F **G**
We're gonna spin 'round and 'round! (*Spin 'round and 'round and say...*)
G **F** **C** **G** **F** **C**
I'm a bouncin' ball of energy, yes, I'm a bouncin' ball of energy!
G **F** **C** **G** **F** **C**
Boing, boing, boing, boing, boing! Boing, boing, boing, boing, boing! **X4**
G **F** **C** **G** **C**
Oh, I'm a bouncin' ball of energy! Boing, boing!